



**Spring 2022 – Youth Lessons
April - June**

Two sessions will run in the Spring. Lessons are designed on the Progressive Tennis method adopted by Tennis Canada: Red Ball (Ages 5-7), Orange Ball (Ages 7-9), Green B Ball (Ages 9-10) and Gold Ball (Ages 11+). Each registrant will take 4 lessons, one each week. The ideal coach to student ratio will be 1:6 but this will be determined by registrations for each level. Details for each set of youth lesson are as follows:

- Applicable to youth ages 6+, incorporating all developmental levels, including Gold.
- Coaches will only use Courts 4 and 5 (exception for Matchplay Saturday evenings Courts 3-5)
- Non-member Fee \$90
- Member Discounted Fee \$80
- Session 1 runs April 25th through May 16th
- Session 2 runs June 6th through June 27th
- Rain outs will be held on Fridays
- Coaches: Bill Wang and Howie Jackson
- Specific level assigned to a time slot may change after final registration is

| | Monday | Tuesday | Wednesday | Thursday |
|---|-------------|-------------|------------|-------------|
| 3:30 to 4:30 pm Courts 4 + 5 | Red Ball | Orange Ball | Red Ball | Orange Ball |
| 4:30 to 5:30 pm Courts 4 + 5 | Gold Ball | Green Ball | Green Ball | Red Ball |
| 5:30 to 6:30 pm Courts 4 + 5 | Orange Ball | Gold Ball | Gold Ball | Green Ball |

Session 1 Dates: April 25, May 2, May 9, and May 16

Session 2 Dates: June 6, June 13, June 20, and June 27

NB: Youth lessons are not scheduled in the weeks of May 20th – 29th for the [Richmond Open](#)

[Richmond Tennis Club Website](#)



**Summer 2022 – Youth Lessons
July - September**

Two sessions will run in the Summer. Lessons are designed on the Progressive Tennis method adopted by Tennis Canada: Red Ball (Ages 5-7), Orange Ball (Ages 7-9), Green B Ball (Ages 9-10) and Gold Ball (Ages 11+). Each registrant will take 4 lessons, one each week. The ideal coach to student ratio will be 1:6 but this will be determined by registrations for each level. Details for each set of youth lesson are as follows:

- Applicable to youth ages 6+, incorporating all developmental levels, including Gold.
- Coaches will only use Courts 4 and 5
- Non-member Fee \$90
- Member Discounted Fee \$80
- Session 1 runs July 4th through July 25th
- Session 2 runs August 1st through August 15th
- Rain outs will be held on Fridays
- Coaches: Bill Wang and Howie Jackson
- Specific level assigned to a time slot may change after final registration is available.

| | Monday | Tuesday | Wednesday | Thursday |
|--|-------------|-------------|------------|-------------|
| 1:00 to 2:00 pm Courts 4 + 5 | Red Ball | Orange Ball | Red Ball | Orange Ball |
| 2:00 to 3:00 pm Courts 4 + 5 | Gold Ball | Green Ball | Green Ball | Red Ball |
| 3:00 to 4:00 pm Courts 4 + 5 | Orange Ball | Gold Ball | Gold Ball | Green Ball |

Session 3 Dates: July 4, July 11, July 18, and July 25

Session 4 Dates: August 1, August 8, August 15th

NB: Lessons may need to be adjusted during the Senior Nationals running August 21st – August 27th

[Richmond Tennis Club Website](#)

**Summer 2022 Public Youth Lessons
Minoru Tennis Courts
July – August**

Each year we run lessons for the public on two courts at Minoru Park in addition to the programs run at the club. These opportunities fill a void in access and allow the club to engage with parents and students that otherwise might not approach the club for tennis lessons and exposure to the sport. The lessons are led by our club coaches and supported by the city of Richmond allowing morning access to the public courts at Minoru Park. The details are as follows:

- Applicable to youth ages 6+, incorporating all developmental levels, including Gold.
- Coaches will only use public courts A and B at Minoru Park
- Fee \$112.50 + GST (\$118.10)
- Student to Coach Ration 1:6
- 5 one-hour lessons running Monday through Friday
- 8 Sessions run July 4th through September 2nd
 - 1 session each week for 8 weeks (skip BC Day week Aug.1 -5)
- Rain outs will be held BC Day week if necessary
- Coaches: Bill Wang and Howie Jackson
- Specific level assigned to a time slot may change after final registration is available.

| | Session 1 + 5 | Session 2 + 6 | Session 3 + 7 | Session 4 + 8 |
|---|----------------------|----------------------|----------------------|----------------------|
| 9:00 to 10:00am Courts A + B | Red Ball | Red Ball | Red Ball | Red Ball |
| | Red Ball | Red Ball | Red Ball | Red Ball |
| 10:00 to 11:00 am Courts A + B | Orange Ball | Green Ball | Green Ball | Green Ball |
| | Orange Ball | Orange Ball | Orange Ball | Orange Ball |
| 11:00am to 12:00 pm Courts A + B | Green Ball | Green Ball | Green Ball | Green Ball |
| | Gold Ball | Gold Ball | Gold Ball | Gold Ball |

Tennis Richmond Tennis Club
Progressive Level Self-Assessment Guide

Progressive Tennis is a developmental system implemented by Tennis Canada more than 20 years ago. The program is skills and age based with an emphasis on fun while developing tennis fundamentals. Progressive Tennis uses different balls, racket sizes and court dimensions in order to 'fit' the game to the appropriate physical skills and tolls of youth players.

RED BALL A (Ages 6-8) New to Tennis

- no experience necessary

RED BALL B (Ages 6-8) Novice Tennis Player:

- ability to hit the ball in the centre of the racket 7 times out of 10
- some understanding of scoring, and is able to play a game in the red ball court
- when the coach feeds the tennis ball the player can hit the ball in the court 6 times out of 10

ORANGE BALL (Ages 6-9) Low Intermediate Player:

- rally the ball in the service boxes (short court) 5 times or more
- keep score without assistance
- hit and control both forehands and backhands
- hit intermittent full court shots (3 to 5 times out of 10)

GREEN BALL (Ages 8-12) High Intermediate Player:

- rally 10-20 times in the service boxes (short court)
- rally 5 times or more in the full court
- keep score without assistance
- hit both forehands and backhands
- serve 3 to 5 serves or more out of 10 in the service box

GOLD BALL (Ages 10-17) Advanced Player:

- rally 20 times or more in the service boxes. (short court)
- rally 10 times in the full court
- serves are 5 to 7 out of 10 in the service box
- understands scoring and can apply elementary strategy (i.e. power, placement and consistency)

[Richmond Tennis Club Website](#)