



The Tennis for Schools Program offered by Tennis BC is based on a curriculum created by Tennis Canada in collaboration with Physical and Health Education Canada (PHE Canada).

The curriculum, which is based on Progressive Tennis principles, delivers quality programming that supports the development of fundamental hand-eye coordination and motor skills. It can be offered in already scheduled physical education classes in the safe and familiar setting of the school gymnasium.



- Kids pursue a healthy and active lifestyle when they're having fun. Tennis is fun!
- Tennis is social. It's played with friends and family.
- Tennis is played by all ages and physical abilities. Tennis is for life!
- Tennis is empowering. It teaches kids self-esteem, teamwork, fair-play, organization and time-management.
- Tennis develops confidence, commitment, leadership, discipline and perseverance.



Our in school program is a 4-6 lesson format delivered during already scheduled PE classes. Lessons take place in your gym-no outdoor court is necessary. Program dates are flexible, Tennis BC works with your school to fit your schedule.

- Tennis for Schools is taught by Tennis Canada Certified instructors. All instructors have completed a criminal background check.
- Progressive Tennis modified equipment is provided.
- Kids have the option of purchasing a Wilson Junior raquet for only \$25 (taxes incl.) Plus, all kids receive a complementary one-year Tennis BC Student membership!

\$2.50



per child



per session



Schools with less than 100 students should contact Tennis BC for program cost.



Pro D-day / teacher in-service:

This curriculum will help teachers plan and deliver quality tennis skills while increasing student knowledge and appreciation for the sport.



Tennis BC's Tennis for Schools program provides an inclusive environment of the sport of tennis for all kids of all ages and physical abilities by offering affordable, accessible programs that are fun, safe, and build confidence and skill.



For more information. please contact:

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