



# COACH 2 COURSE INFORMATION GUIDE



### ***Who is the Coach 2 course for?***

The Coach 2 course (*NCCP Context: Introduction to Competition Advanced*) is the first level of the Tennis Canada's "Competition Stream – Performance Coaching" certification stream, focusing on the LTAD Stage 2 "FUNdamentals" and Stage 3 "Developing" for Girls and Boys aged 5-12 (International Standard). Note: The competencies developed during this course will also be applicable to juniors and adults, regardless of age, who are in the "FUNdamentals" or "Developing" stages of the LTAD.

This performance coaching course is suitable for committed coaches who demonstrate the highest qualities of integrity, dedication, commitment and skill towards working with competitive oriented juniors and adults.

Role in Industry: Coach at an Academy or Junior Development Program, Head Coach for U12 Program ( $\frac{1}{2}$ ,  $\frac{3}{4}$ , Full Court Green or U12 Full Court), Personal Coach for U12 Player, Club Level Adult Competitive Coach.

ALL CANDIDATES MUST BE WORKING YEAR ROUND WITH PROVINCIAL LEVEL COMPETITIVE PLAYERS

### ***What is the major focus of the Course?***

The major focus of this course is to ensure that the coach has the competencies to develop a strong global foundation in order to develop competitive players, ages of 5 – 12, with the ultimate goal of increasing the pool of U12 players in Canada with international profiles. The coaches will be competent in developing a young player from progressive tennis to full court while developing a solid foundation of technical, tactical, physical and psychological fundamentals. The coach will be capable of creating a consistent high-performance environment while possessing the attention to detail that goes into managing a player and the relentlessness required to develop great habits. In addition, coaches will be competent in addressing the needs of competitive adult players ([up to 5.0 level](#)) in the club environment.

**[Click here for the Coach 2 Pathway](#)**

### ***What are the prerequisites?***

1. Minimum certification requirement: Club Professional 1 or recognition of coaching competence
2. Minimum age: 18 years
3. Minimum level of play: [5.0](#)
4. Coaches must be able to feed at an advanced level and demonstrate advanced skills as required in order to work with a top National Level U12 player
5. Be a current member of the [Tennis Professionals Association](#).
6. Coaches must have **two** U12 competitive players (provincially ranked) that they work with primarily for the duration of the course. You are ultimately responsible for their overall development and coach both on a weekly basis (i.e., in group and private training; support in competitive environments). These players will be used for your portfolio assignments.
7. If not already done so, coaches must complete the NCCP [NCCP Make Ethical Decision](#) on line evaluation prior to the first regrouping of the course.

### ***What are the required course materials and resources?***

1. Coaches must have access to a video camera, wireless microphone, tripod and the ability to transfer video to a computer.
2. Coaches must download the TeamSnap app on their mobile device.
3. Coaches must be able to produce documents electronically (WORD and PDF).
4. In addition to the U12 players in #1, coaches must have 4 players (age appropriate) accessible for the implementation of ½ and ¾ court Progressive Tennis Assignments.

### ***How will I be evaluated?***

The following will summarize the various evaluations which will be used to determine certification for the Coach 2 Course. (Note: Specific topics for each evaluation will come from the LTAD competencies). These will consist of:

1. Live On-Court Evaluations
2. Live Written Evaluations
3. Video Coaching Evaluations (done from home environment)
4. Written Assignments (done from home environment)
5. Final Presentation of Portfolio (of work done with two U12 players)

#### Live On-Court Evaluations

1. High-Performance Fundamental Training (cooperative)
2. Tactical Decision Making
3. Training Challenging Point Situations
4. Private Lesson with a Technical Focus
5. Coaching at Competition

#### Live Written Evaluations

Various throughout course which will cover reading assignments and other work covered during course.

#### Video Coaching Evaluations

1. Video of Matches (and associated charting) for 2 players to initially assess players; then to follow up on tactical and mental progress of objectives established during initial assessment; this will be accompanied by a written report on progress along with facts from charting
2. Video of Implementation of a PT Training session directly from ½ and ¾ Curriculum; this will be accompanied by detailed written plan
3. Video of Private lesson on technique to cover serve, FH or BH GS, specific volley, 3x20 min each (3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> regrouping) and to observe technical progress of identified fundamentals from initial assessment
4. Video of Goals presented to parents and players following initial assessment and goal setting
5. Video of a Physical Session based on LPTDP, which will include a physical warm-up; it will coincide with a physical plan

### Written Assignment/Project: Portfolio and Workbooks

1. Pre-Course Assignments
2. In Course Workbook
3. Portfolio (this includes your two U12 player profiles, global assessments, training and competitive guidelines, in addition to any information related to managing your players' development throughout year).

### **Note:**

1. Please note that other assignments and evaluations may be added at the discretion of the Course Facilitators in order to help ensure that course competencies are met.
2. You will review and sign a Commitment to Excellence letter verifying your understanding of what will be required to complete course.

Candidates must achieve a “meet standards” rating on all the evaluations and assignments to be certified. If candidates achieve an “incomplete or below standards” rating on any evaluations or assignments, they must re-take that evaluation or redo the assignment. The timing of those evaluations and due dates for all assignments will be clearly established and identified during the course.

After the final date of the course (September 22<sup>nd</sup>, 2019), any candidate who “does not meet standards” in more than 1 evaluation or assignment will be required to retake the course. For those who only have 1 evaluation that does not “meet standards” they will have a limited time (determined by the Course leader) to retake, only once, the outstanding evaluation and successfully “meet standards”.

### ***Who will lead the course?***

The course will be led by Tennis Canada’s Director of High Performance Coaching-Jocelyn Robichaud along with Marie-France Mercier- Manager of Coaching Development, Andre Parent- National Fitness Coach and the team of Coach Developers. The course will also include involvement of Tennis Canada Sport Science Experts.

### ***What is the course schedule?***

The course will be 25 days of course work which is made up of 6 regroupings, 4-5 days in length, over 1.5 years. 100% mandatory attendance of all regroupings is required for this course.

This commitment involves ensuring sufficient allotment for travel as well as in course regrouping days. It may also require the cooperation and permission of your manager/leader as there is significant time away from your club or academy environment. In addition, there will be approximately 30-40 hours of a variety of home assignments between regroupings which includes items such reading, portfolio work, research, videotaping of athletes, evaluation preparation, etc.

Here is the schedule of the 2018/19 course regrouping schedule:

1. May 3 – 6, 2018 (Thursday-Sunday, 4 days)
2. August 15 – 19, 2018 (Wednesday-Sunday, 5 days) Leblanc Cup, St-Hyacinthe near Montreal

3. November 15 – 18, 2018 (Thursday-Friday, 4 days)
4. February 7 – 10, 2019 (Thursday-Sunday, 4 days)
5. June 13 – 16, 2019 (Thursday-Sunday, 4 days) Uniprix Stadium, Montreal
6. September 19 – 22, 2019 (Thursday-Sunday, 4 days)

### ***Where will the course take place?***

The course will take place at the Aviva Centre, York University – 1 Shoreham Drive, Toronto, Ontario M3N 3A6. Please note that the 2<sup>nd</sup> regrouping will be held in St-Hyacinthe, (near Montreal) at the Leblanc Cup tournament and 5<sup>th</sup> regrouping will be held at the Uniprix Stadium in Montreal. Details will be provided during the course.

### ***How much does it cost?***

Regular: \$2,100 (Incl. 241.59\$ HST) for TPA member, \$3,000 (Incl. 345.13\$ HST) for non TPA member

Subsidized: (see below rate): \$1,600 (Incl. 184.07\$ HST) for TPA member only

Subsidies come in two forms:

1. The Course Subsidy: \$500 (Incl. HST) subsidy reduces the cost of the course to \$1,600 (Incl. HST)
2. Travel Subsidy: for candidates outside of Ontario (covers the cost of flights). Candidates must organize their own accommodation. Note: Some local hotels will offer special rates.

*Note: 250\$ will be required with the coach 2 course application, the remainder will be split in half with the first half due prior to the first day of the 1<sup>st</sup> regrouping (May 3<sup>rd</sup> 2018) and the second half prior to the first day of the third regrouping (November 15<sup>th</sup> 2018).*

### ***Who can apply for subsidies?***

1. Coaching candidates who are involved with a TDC (15 hours minimum a week of involvement) or head coach of a national-ranked players (15 hours minimum a week of involvement)
2. Former top-ranked Canadian players (Top-8 nationally-ranked Under-18 juniors and/or top-20 open category players)

Note: Coaches applying for a subsidy must be a member of the TPA

### ***How will selection of course participants be determined?***

Selection of course participants will be based on both coaching experience/results and on past playing experience.

### ***How do I register for the course?***

1. Contact Joan Leung at Tennis Canada, 416-650-7938 or [jleung@tenniscanada.com](mailto:jleung@tenniscanada.com), for the Registration Form.
2. Coaches and former players applying for subsidies are required to send in the following with their application form:
  - A one page paper outlining coaches and/or playing experience as well as expressing the goals of the individual
  - Letter of reference from employer
  - A testimonial from a parent of a ranked player who the candidate is coaching regularly (minimum 6 months) – **coaches only**
  - Letter of approval from the applicant's Provincial Association or Head Course Facilitator
3. Send your application, and your credit card information (number, expiry year and the 3 digits at the back) for processing the deposit of \$250 to Tennis Canada no later than the registration date as posted on the TPA website. The balance of the course fee will be paid in full through a credit card or certified cheque by February 15<sup>th</sup>, 2018. Note: The deposit will be returned to any candidate who is not accepted into the program. The course will be limited to the first 16 who are accepted.

**Send your application and deposit information to:** Tennis Canada, Attention: Joan Leung, 1 Shoreham Drive, Suite 100, Toronto, Ontario, M3N 3A6

### ***Who do I contact for more information?***

Please contact Joan Leung at 416-650-7938, [jleung@tenniscanada.com](mailto:jleung@tenniscanada.com) or Jocelyn Robichaud at 514-273-1515 ext: 6257, [jrobichaud@tenniscanada.com](mailto:jrobichaud@tenniscanada.com)